

Stay Safe!



Offers basic first aid and safety skills for youth 9-13 years old. Participants learn about being safe when they are without the direct supervision of a parent, guardian, or trusted adult, both at home and in their communities.

DURATION

5-6 hours

INSTRUCTOR

Red Cross Youth Leader

PREREQUISITE

Minimum 9 years of age* (or completion of Grade 3)

COURSE CONTENT

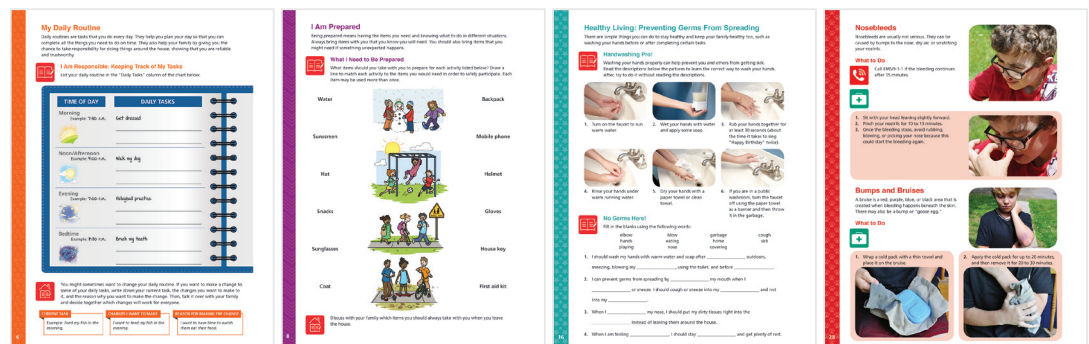
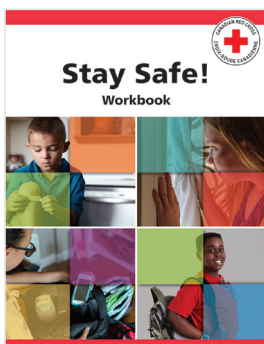
- The importance of responsibility and respect while being accountable for yourself
- The importance of setting and following safety rules when on your own
- How to stay safe at home and within the community
- How to prepare for, recognize and respond to unexpected situations (e.g., inclement weather, strangers, and unanticipated visits)
- Basic first aid skills

TAKE-HOME MATERIALS

Stay Safe! Workbook

Completion certificate

* Please check with provincial/territorial regulations.



Sample Pages

